



Issue #20, December 15, 2014

It's the Holiday Season around the West Center!

Have you noticed that it's beginning to look a lot like Christmas around the West Center! The tree is trimmed; the wreaths are hung, and the suites are sprinkled with holiday cheer! The residents are enjoying the festivities around the Center, and we hope you are too.

Our annual Resident Christmas party will be held on *Thursday, December 18 from 3:00-4:00 p.m.* with our *Family Caregiver Pamper Party following from 4:00-6:00.* We would love for you to come have a caricature drawing done with you and your family members, then allow us to pamper **YOU** with chair massages and paraffin wax hand baths. Remember, taking care of yourself is an important part of your role as a caregiver, and this Pamper Party is our way of reminding you how to do it!

The Family Caregiver Pamper Party is reserved for our family members only, so please plan to attend the Resident Christmas Party to celebrate and visit with your James L. West Residents.

We look forward to seeing you all at both of our holiday events this week. If for some reason you are unable to attend, please know that all of us at the West Center wish you and your family a very Happy Holiday Season filled with love, joy, and smiles.

Best Wishes,

Susan Farris, Executive Director