

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# November 2019

Type a title, month theme, or other information here.



|  |  |   |  |   |   |  |
|--|--|---|--|---|---|--|
| <p>9:30 Sit and Stretch/ Daily Chronicle <b>3</b></p> <p><b>10:00 Church: Fellowship and Worship (CH)</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>3:00 History Hour: Daylight Savings Time</p> <p><small>Daylight Saving Time Ends</small></p> | <p>9:30 Move &amp; Groove/ DC <b>4</b></p> <p><b>10:30 Grandpals(B)</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p><b>2:00 Crafting w/Yolanda(B)</b></p> <p><b>3:00 Jeff Mew: Elvis Presley (ED)</b></p> <p>4:00 Walking and Rolling</p>                           | <p>9:30 Shake Rattle &amp; Roll/ <b>5</b></p> <p>10:00 Daily Chronicle</p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p><b>2:30 Sunshine Singers (ED)</b></p> <p>4:00 Social Time</p>                               | <p>9:30 Fitness Fun / DC <b>6</b></p> <p>10:30 Parachute</p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p>3:00 Volleyball</p> <p>4:00 Spin the Wheel</p>                             | <p>9:30 Arm Chair Aerobics/ Daily Chronicle <b>7</b></p> <p>10:00 Table Games</p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p><b>3:00 Woodshop (C)</b></p> <p>4:00 Reminiscing</p>   | <p>9:30 Sports Mania/ Daily Chronicle <b>1</b></p> <p><b>10:30 Praise &amp; Worship (ED)</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1on 1/ Concierge cart</p> <p><b>3:00 Gina and Friends (B)</b></p> <p>4:00 Reminiscing</p> | <p>9:30 Pass or Play &amp; DC <b>2</b></p> <p>10:30 Sensational Motions</p> <p>11:30 Dining Enrichment</p> <p>12:30 Activity Stations</p> <p>1:00 R &amp; R</p> <p>3:00 Comedy Hour</p>        |
| <p>9:30 Arm Chair Aerobics/ Daily Chronicle <b>10</b></p> <p><b>10:00 Church: Fellowship and Worship (CH)</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>3:00 Movie Matinee</p>   | <p>9:30 Sit and Stretch/ DC <b>11</b></p> <p><b>10:30 Grandpals(B)</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p><b>3:00 Veterans Day Ceremony(ED)</b></p> <p>4:00 Reminisce</p> <p><small>Veterans Day (US)<br/>Remembrance Day (Canada)</small></p>             | <p>9:30 Chair Exercise/ DC <b>12</b></p> <p><b>10:30 Resident Council</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p><b>3:00 Senior Ed Series: Aviation History Month (ED)</b></p> <p>4:00 Spin The Wheel</p> | <p>9:30 Arm chair Aerobics/ Daily Chronicle <b>13</b></p> <p><b>10:00 Communion (CH)</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p>3:00 Volleyball</p> <p>4:00 Word Games</p> | <p>9:30 Move &amp; Groove/ DC <b>14</b></p> <p>10:30 Bingo</p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p><b>3:00 Woodshop (C)</b></p> <p>4:00 Social Time</p>  | <p>9:30 Sports Mania/ Daily Chronicle <b>15</b></p> <p><b>10:30 Praise &amp; Worship(ED)</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1on 1/ Concierge cart</p> <p>3:00 History Hour</p> <p>4:00 Stretching</p>                 | <p>9:30 Morning House Social &amp; DC <b>16</b></p> <p>10:30 Front Porch Tales</p> <p>11:30 Dining Enrichment</p> <p>12:30 Activity Stations</p> <p>1:00 R &amp; R</p> <p>3:00 Movie Hour</p>  |
| <p>9:30 Chair Exercise/ Daily Chronicle <b>17</b></p> <p><b>10:00 Church: Fellowship and Worship (CH)</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>3:00 Karaoke With IN2L</p>   | <p>9:30 Fitness Fun/ Daily Chronicle <b>18</b></p> <p><b>10:30 Grandpals(B)</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p><b>2:00 Crafting w/Yolanda(ED)</b></p> <p><b>3:00</b></p> <p>4:00 Social Time</p> <p><b>6:30 Nina Maria Cole: Brad Ackland (ED)</b></p> | <p>9:30 Sit and Stretch/DC <b>19</b></p> <p>10:30 Bingo</p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p><b>3:00 Tea Social(FP)</b></p> <p>4:00 Name Ten</p>  | <p>9:30 Move &amp; Groove/ DC <b>20</b></p> <p>10:30 Corn Hole</p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p>3:00 Parachute</p> <p>4:00 I Have, Have You</p>                      | <p>9:30 Shake Rattle &amp; Roll Daily Chronicle <b>21</b></p> <p>10:30 Table Games</p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p><b>3:00 Woodshop (C)</b></p> <p>4:00 Front Porch Tails</p>                              | <p>9:30 Sports Mania/ Daily Chronicle <b>22</b></p> <p><b>10:30 Praise &amp; Worship (ED)</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1on 1/ Concierge cart</p> <p>3:00 Volleyball</p> <p>4:00 Walking and Rolling</p>         | <p>9:30 Pass or Play &amp; DC <b>23</b></p> <p>10:30 Fun &amp; Games</p> <p>11:30 Dining Enrichment</p> <p>12:30 Activity Stations</p> <p>1:00 R &amp; R</p> <p>3:00 Traveling Hour (IN2L)</p> |
| <p>9:30 Move &amp; Groove/ Daily Chronicle <b>24</b></p> <p><b>10:00 Church: Fellowship and Worship (CH)</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>3:00 Trivia Hour</p>  | <p>9:30 Shake Rattle &amp; Roll/ Daily Chronicle <b>25</b></p> <p><b>10:30 Grandpals (B)</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p><b>2:00 Crafting w/ Yolanda(ED)</b></p> <p><b>3:00 Cooking w/ Life Enrichment (B)</b></p>                                  | <p>9:30 Fitness Fun/DC <b>26</b></p> <p>10:30 Bingo</p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p>3:00 Volleyball</p> <p>4:00 Reminiscing: Thanksgiving</p>  | <p>9:30 Arm Chair Aerobics/ Daily Chronicle <b>27</b></p> <p>10:30 Bingo</p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p>3:00 Comedy Hour</p> <p>4:00 Walking the Garden</p>        | <p>9:30 Sit &amp; Stretch/ Daily Chronicle <b>28</b></p> <p>10:30 Bingo</p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1 on 1/ Concierge cart</p> <p>3:00 What are you Thankful for?</p> <p>4:00 Trivia</p> <p><small>Thanksgiving Day (US)</small></p> | <p>9:30 Sports Mania/ Daily Chronicle <b>29</b></p> <p><b>10:30 Praise &amp; Worship(ED)</b></p> <p>11:30 Dining Enrichment</p> <p>1:00 R &amp; R</p> <p>1:30 1on 1/ Concierge cart</p> <p>3:00 Comedy Hour</p> <p>4:00 Corn Hole</p>                   | <p>9:30 Stretching &amp; DC <b>30</b></p> <p>10:30 Short Stories</p> <p>11:30 Dining Enrichment</p> <p>12:30 Activity Stations</p> <p>1:00 R &amp; R</p> <p>3:00 Movie Matinee</p>             |

Activities are subject to change. Games and Puzzles are always available

Brazos/Colorado/Pecos Red River/Trinity