



JAMES L. WEST

Center for Dementia Care

# ADULT DAY PROGRAMS 101:

## WHAT ARE THEY AND HOW CAN THEY HELP?

Join us live for a virtual presentation about the "best kept secret" in senior care.

**Tuesday, March 28th**  
**6-7 p.m.**

To register: Click [Here](#)  
or email

[dayprogram@jameslwest.org](mailto:dayprogram@jameslwest.org)

Questions? Please call 817-877-1199

**Do you worry that your family member with dementia doesn't have any opportunities to socialize?**

**Does he/she sit in front of the TV or fall asleep during the day?**

**Do you, the hardworking caregiver just need some time to yourself?**

**Does something need to change?**

***What if there was a solution?***

Presented by Heather Macchietto, MSDA, CDP, ADC,  
Director of Senior Day Program at James L. West

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