

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>30</p> <p>9:00 Fellowship/Worship 9:30 Free Style Exercise 10:00 Current Events and Coffee 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Eversound Activity Package 3:00 Penny Ante 4:00 Brain Games: Who Am I</p>	<p>31</p> <p>9:00 Exercise: Mindful Movements (RR/P) 10:00 Daily Chronicle (RR/P) 11:00 Breath and Relax (RR/P) 1:30 Concierge Cart 1:1 (RR/P) 2:00 Bible Study with Buff (C) 3:00 Soft Ball Catch 4:00 Activity Station</p> 				<p>C— COLORADO B—BRAZOS RR— RED RIVER P— PECOS T— TRINITY O—Outing</p> 	<p>1</p> <p>9:00 Stretching 9:30 Current Events and Coffee 10:00 Arts and Crafts 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Residents Choice 3:00 Puzzles and Games 4:00 Activity Stations</p>
<p>2</p> <p>9:00 Fellowship/Worship 9:30 Free Style Exercise 10:00 Current Events and Coffee 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Eversound Activity Package 3:00 Name That Tune 4:00 Brain Games: This or That/Why</p>	<p>3</p> <p>9:00 Exercise: Mindful Movements (RR/P) 10:00 Daily Chronicle (RR/P) 11:00 Breath and Relax (RR/P) 1:30 Concierge Cart 1:1 (RR/P) 2:00 Bible Study with Buff (C) 3:00 Noodle Ball 4:00 Activity Station</p>	<p>4</p> <p>9:00 Fitness Fun 9:30 Daily Chronicle 10:00 Brain Game: Name Ten 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Snack/Hydration Social 3:00 Cornhole (P/RR) 4:00 Game This or That /Why</p>	<p>5</p> <p>9:00 Move & Groove 9:30 Daily Chronicle 10:00 Dance w/Amy 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Jack Pot BINGO (RR/P) 3:00 Finish this Phrase 4:00 Puzzles</p>	<p>6</p> <p>9:00 Exercise: Strength Training 9:30 Daily chronicle 10:00 Game: Table Ball 11:00 Breath and Relax 1:30 concierge Cart 1:1 2:00 Hand Massage and Nail Care 3:00 Happy Hour 4:00 Card Games</p>	<p>7</p> <p>9:00 Sports Mania 9:30 Daily Chronicle 10:30 Praise & Worship 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Putting Train Track Together (P) 3:30 Dance w/ Gina & Friends (RR)</p>	<p>8</p> <p>9:00 Stretching 9:30 Current Events and Coffee 10:00 Arts and Crafts 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Residents Choice 3:00 Puzzles and Games 4:00 Activity Stations</p>
<p>9</p> <p>9:00 Fellowship/Worship 9:30 Free Style Exercise 10:00 Current Events and Coffee 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Eversound Activity Package 3:00 Penny Ante 4:00 Brain Games: Have You Ever</p>	<p>10</p> <p>9:00 Exercise: Mindful Movements (RR/P) 10:00 Daily Chronicle (RR/P) 11:00 Breath and Relax (RR/P) 1:30 Concierge Cart 1:1 (RR/P) 2:00 Bible Study with Buff (C) 3:00 Creating Collages 4:00 Activity Station</p>	<p>11</p> <p>9:00 Fitness Fun 9:30 Daily Chronicle  10:00 Brain Game:: Who Am I 11:00 Lunch: In and Out Burger (BUS) 1:30 Concierge Cart 1:1 2:00 Snack/Hydration Social 3:00 Wood Working w/ Bill (C) 4:00 The Odd Ball Game</p>	<p>12</p> <p>9:00 Move & Groove 9:30 Daily Chronicle 10:00 Dance w/Amy 11:00 Breath and Relax 1:00 Concierge Cart 1:1 2:00 Jack Pot BINGO (RR/P) 3:00 Painting: Our inner Picasso 4:00 Adulting Coloring</p>	<p>13</p> <p>9:00 Exercise: Strength Training 9:30 Daily chronicle 10:00 Game: Table Ball 11:00 Breath and Relax 1:30 concierge Cart 1:1 2:00 Hand Massage and Nail Care 3:00 Happy Hour 4:00 Activity Stations</p>	<p>14</p> <p>9:00 Sports Mania 9:30 Daily Chronicle 10:30 Praise & Worship 11:00 Singer Bob Sawyer (RR) 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Race Car Track (P)</p>	<p>15</p> <p>9:00 Stretching 9:30 Current Events and Coffee 10:00 Arts and Crafts 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Residents Choice 3:00 Puzzles and Games 4:00 Activity Stations</p>
<p>16</p> <p>9:00 Fellowship/Worship 9:30 Free Style Exercise 10:00 Current Events and Coffee 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Eversound Activity Package 3:00 Name That Tune 4:00 Brain Games: Who Am I</p>	<p>17</p> <p>9:00 Exercise: Mindful Movements (RR/P) 10:00 Daily Chronicle (RR/P) 11:00 Breath and Relax (RR/P) 1:30 Concierge Cart 1:1 (RR/P) 2:00 Bible Study with Buff (C) 3:00 Matching Game 4:00 Activity Station</p> 	<p>18</p> <p>9:00 Fitness Fun 9:30 Daily Chronicle 10:00 Brain Game: What am I 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Snack/Hydration Social 3:00 Wood Working w/ Bill (C) 4:00 Good News Paper</p>	<p>19</p> <p>9:00 Move & Groove 9:30 Daily Chronicle 10:00 Dance w/Amy 11:00 Breath and Relax 1:00 Concierge Cart 1:1 2:00 Jack Pot BINGO (RR/P) 3:00 Sing A Long 4:00 Adult Coloring</p>	<p>20</p> <p>9:00 Exercise: Strength Training 9:30 Daily chronicle 10:00 Game: Table Ball 11:00 Breath and Relax 1:15: Amon Carter Museum 1:30 concierge Cart 1:1 2:00 Hand Massage and Nail Care 3:00 Happy Hour 4:00 Board Games</p> 	<p>21</p> <p>9:00 Sports Mania 9:30 Daily Chronicle 10:30 Praise & Worship 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Model Planes IP) 3:00 Ira Campbell playing the Trumpet (RR)</p>	<p>22</p> <p>9:00 Stretching 9:30 Current Events and Coffee 10:00 Arts and Crafts 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Residents Choice 3:00 Puzzles and Games 4:00 Activity Stations</p>
<p>23</p> <p>9:00 Fellowship/Worship 9:30 Free Style Exercise 10:00 Current Events and Coffee 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Eversound Activity Package 3:00 Penny Ante 3:00 Brain Games: This or That/Why</p>	<p>24</p> <p>9:00 Exercise: Mindful Movements (RR/P) 10:00 Daily Chronicle (RR/P) 11:00 Breath and Relax (RR/P) 1:30 Concierge Cart 1:1 (RR/P) 2:00 Bible Study with Buff (C) 3:00 Working w/ PVC 4:00 Activity Station</p>	<p>25</p> <p>9:00 Fitness Fun 9:30 Daily Chronicle 10:00 Brain Game: Name Ten 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Snack/Hydration Social 3:00 Wood Working w/ Bill (C) 4:00 Good News Paper</p>	<p>26</p> <p>9:00 Move & Groove 9:30 Daily Chronicle 10:00 Dance w/Amy 11:00 Breath and Relax 1:00 Concierge Cart 1:1 2:00 Jack Pot BINGO (RR/P) 3:00 Chair Yoga 4:00 Puzzles</p> 	<p>27</p> <p>9:00 Exercise: Strength Training 9:30 Daily chronicle 10:00 Game: Table Ball 11:00 Breath and Relax 1:30 concierge Cart 1:1 2:00 Hand Massage and Nail Care 3:00 Happy Hour 4:00 Card Games</p>	<p>28</p> <p>9:00 Sports Mania 9:30 Daily Chronicle 10:30 Praise & Worship 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Nurf Ball (P) 3:00 Timeless Journey Performs (RR)</p>	<p>29</p> <p>9:00 Stretching 9:30 Current Events and Coffee 10:00 Arts and Crafts 11:00 Breath and Relax 1:30 Concierge Cart 1:1 2:00 Residents Choice 3:00 Puzzles and Games 4:00 Activity Stations</p>